

## Washington State Oxford House Re-Entry Committee

### What is an Oxford House?

An Oxford House is an affordable, alcohol and drug-free living environment for individuals in recovery from alcoholism and/or drug addiction. All Oxford Houses have common characteristics.

- Each house is democratically self run by the members
- Each house is financially self supporting, responsible for all household expenses
- Each house must expel any member who returns to using drugs or alcohol

### Are there any requirements to live in an Oxford House?

- 1) No drinking or using. 2) Pay your EES (Equal Expense Shared). 3) No disruptive behavior.

Past experience with the first Oxford House proved that expelling the member that returned to alcohol or drugs no matter how briefly will protect the house for the other members. If a member relapses on drugs and/or alcohol he/she will be asked to leave immediately. The individual can make arrangements with the house to get his/her personal belongings within a reasonable time frame. The house may choose to notify the Community Correction Officer that the individual no longer lives at the house and state the reason why.

You will be required to pay the house \$500 before move-in. EES varies with each house but the average is about \$350 per month with a non-refundable \$100 move-in fee. Each house will be different, the \$500 is a state wide general payment and will be applied according to that particular houses guidelines. If and when you are accepted into a house, you will be notified how much that houses EES and move-in costs are. EES covers all utilities and phone. (Again, each house varies, but most houses include cable TV, laundry soap, paper towels, toilet paper, coffee and so on)

Disruptive behavior can encompass many things, but the bottom line is if an individual's behavior is a disruption to the normal flow of house operations, then that will be considered disruptive. Violence and threat of violence will be dealt with by the house and treated as a relapse and the person involved will be asked to leave, in most cases immediately.

### Things to do while you are incarcerated:

Oxford Houses main goal is to provide self-sufficient, affordable housing for individuals recovering from alcohol and/or drug addiction. Oxford House is not a treatment facility. Therefore, Oxford House recognizes most forms of abuse treatment, and the 12-step programs of Alcoholics Anonymous, Narcotics Anonymous and other 12-step groups. There are ways for you, the incarcerated, to start work on these things now. We receive too many applications to process and accept all who apply; it is those individuals who are currently working on their recovery from addictions that will receive the higher priority to get into an Oxford House.

### More hoops to jump:

There are special requirements to be an Oxford house member when using this reentry process. Due to past experiences we ask that you pay your EES before move-in. This accomplishes two things. One, your placement in an Oxford House is guaranteed and two, it protects the house financially. If you do not show up on the day and time designated, if you move on from Oxford House within the first month, relapse, or pose any threat to the house, you will forfeit any and all money paid to the house for that first month.

You will be on a restrictive probationary period (depending upon the house). This would include going to a predetermined number of 12-step meetings, getting a sponsor and possibly a lowered curfew time. This probation will differ from house to house, but expect to be on a limited probation period until the house gets comfortable with you and you get comfortable with the house. After the initial month, you will become a member of the house and have all privileges granted the other house members.

Due to the unplanned turn-over in Oxford House and the length of time it takes to get released, there may not be a bed available at the house when the person is released. Therefore the house will guarantee that you will have at least a couch to sleep on until a bed becomes available or you get an interview with another house that has available bed space. Don't worry about this. At most you'd end up being on the couch only a few days as the process to get into an Oxford House is fairly quick.

### I might go to Work Release, should I apply anyway?

**Please do not apply if you are going to a work release program.** If you plan on going to work release, please do not apply now. You will have many opportunities to apply for an Oxford House once you are at your work release center. The application you fill out now will have to be completed again. The process is much easier and acceptance is much greater when you are there. Again, **please do not apply if you are going to a work release program.** This will simply slow down our volunteer workers with helping another alcoholic and/ or addict gets into a house that does not have a work release option.

**What happens if I can't get the move-in costs?**

There are many resources out there other than the Department of Corrections. We have found that if an individual really wants to get into an Oxford House, he/she will use whatever resource to come up with funds. If D.O.C. does not fund your housing transition and you do not have any family or friends to ask, we suggest you try churches or other non-profit organizations. We have seen many inmates get funding through these types of resources.

**What if I don't get accepted using the reentry project?**

If for whatever reason you don't make it through this process, it is easier to get into a house when you are released. Some houses will allow you to move in before you have the full amount of the move in costs. If you think you are unable to get funding for Oxford House while in prison, be sure to contact us once you are released because you will find it is simpler to get accepted into one of the houses and your chances of staying clean and sober are much greater with the peer support of an Oxford House.

**Where do I mail the completed application and questionnaire?**

The following list of counties has dedicated volunteers to assist in your request for an Oxford House. Please send your completed application and questionnaire to the county in which you are seeking an Oxford House in. Please address the envelope as Oxford House Re-Entry Committee and then the address below for which county you are seeking.

Benton	PO Box 6654 Kennewick, WA 99336
Chelan	PO Box 3104 Wenatchee, WA 98807
Clallam	PO Box 415 Bremerton, WA 98337
Clark	PO Box 1304 Vancouver, 98666
Cowlitz	PO Box 1011 Kelso, WA 98626
Douglas	PO Box 3104 Wenatchee, WA 98807
Franklin	PO Box 6654 Kennewick, WA 99336
Grant	PO Box 9512 Yakima, WA 98902
Grays Harbor	PO Box 14754 Tumwater, WA 98501
Jefferson	PO Box 415 Bremerton, WA 98337
King	PO Box 27394 Seattle, WA 98165
Kitsap	PO Box 415 Bremerton, WA 98337
Lewis	PO Box 1011 Kelso, WA 98626
Pierce	PO Box 44228 Tacoma, WA 98444
Skagit	PMB 1164 10002 Aurora Ave. N Suite 36 Seattle, WA 98133
Snohomish	PMB 1164 10002 Aurora Ave. N Suite 36 Seattle, WA 98133
Spokane	PO Box 10474 Spokane, WA 99209
Thurston	PO Box 1461 Olympia, WA 98507
Walla Walla	PO Box 6654 Kennewick, WA 99336
Whatcom	PMB 1164 10002 Aurora Ave. N Suite 36 Seattle, WA 98133
Yakima	PO Box 9512 Yakima, WA 98902

### Application for Membership in Oxford House

To be accepted in an Oxford House an applicant must complete both sides of this application and be interviewed by the residents of the particular Oxford House to which the applicant is applying. The residents of the house then vote on acceptance. An 80% affirmative vote is needed to be accepted. Carefully read the application and honestly answer the questions. Living in an Oxford House is special and if you understand its value it can help you achieve comfortable sobriety without relapse.

			<b>3. Date of Birth</b>		
			Month	Day	Year
<b>2. Present address (Street) Check if treatment facility</b>			<b>4. Phone Where You Can Be Reached</b>		
			Home(      )		
City	State	Zip	Work (      )		
<b>5. Are you an Alcoholic?</b>		<b>6. Date of Your Last Drink?</b>			
Yes <input type="checkbox"/> No <input type="checkbox"/>					
<b>7. Are you addicted to drugs?</b>		<b>8 Date of last drug use?</b>			
Yes <input type="checkbox"/> No <input type="checkbox"/>					
<b>10. When did you attend your first AA or NA meeting?</b>			<b>11. How many AA/NA meeting do you now attend each?</b>		
<b>12. Do you want to stop drinking alcohol and using addictive drugs?</b>			<b>13. Are you employed? If "yes" who is your employer?</b>		
Yes <input type="checkbox"/> No <input type="checkbox"/>			Yes <input type="checkbox"/> No <input type="checkbox"/>		
<b>14. Are you getting welfare or other non-job related income?</b>			<b>15. If you do not have a job will you get one?</b>		
Yes <input type="checkbox"/> No <input type="checkbox"/>			Yes <input type="checkbox"/> No <input type="checkbox"/>		
If "yes" what?			If "yes" what job plans do you have?		
<b>16. What is your monthly income right now?</b>			<b>17. What do you expect your monthly income to be next month</b>		
\$ _____			\$ _____		
<b>18. Marital status [Check One]</b>			<b>19. Do you have a medical doctor?</b>		
Married <input type="checkbox"/> Never Married <input type="checkbox"/> Separated <input type="checkbox"/> Divorced <input type="checkbox"/>			If "yes" list the doctor's name and phone number:		
			Yes <input type="checkbox"/> No <input type="checkbox"/>		
<b>20. Have you ever been to a treatment facility for alcoholism and/or drug addiction?</b>			<b>21. Do you take prescription drugs?</b>		
Yes <input type="checkbox"/> No <input type="checkbox"/>			Yes <input type="checkbox"/> No <input type="checkbox"/>		
If "yes" list the treatment provider, phone number and primary counselor, if any.			If "yes" list drugs and reason the drug has been prescribed.		
<b>Please complete the other side of this application.</b>					

22. Date of move in? Immediately  Other  -- If "other" list the date you would want to move in, if accepted, and why the date is in the future rather than immediately. Date: \_\_\_\_\_ Reason:

23. Have you ever lived in an Oxford House before? Yes  No  If "yes," provide the name and location of the Oxford House below and answer question 24.

24. [Answer this question if the answer to question 23 was "yes."] I left the previous Oxford House for the following reason: [check one]

relapse  voluntarily  other

reason(s) \_\_\_\_\_

I, did  or do not  owe money to the Oxford House I left. If I did owe money to the Oxford House I left, I will agree to repay the money I owed to my former Oxford House. Yes  No

25. Emergency Telephone Numbers. [List family doctor, if you have one, + two family members or friends]

Name and Address	Relationship	Telephone
1.		
2.		
3.		

26. I realize that the Oxford House to which I am applying for residency has been established in compliance with the conditions of § 2036 of the Federal Anti-Drug Abuse Act of 1988, P.L. 100-690, as amended, which provides that federal money loaned to start the house requires the house residents to (A) prohibit all residents from using any alcohol or illegal drugs, (B) expel any resident who violates such prohibition, (C) equally share household expenses including the monthly lease payment, among all residents, and (D) utilize democratic decision making within the group including inclusion in and expulsion from the group. In accepting these terms, the applicant excludes himself or herself from the normal due process afforded by local landlord-tenant laws.

27. Use this space for additional relevant information:

28. I have read all of the material on this application form including the limitations set forth in item 26. I have also answered each question honestly and want to achieve comfortable recovery from alcoholism and/or drug addiction without relapse.

SIGNATURE:

DATE:

\_\_\_\_\_

\_\_\_\_\_

FOR USE BY OXFORD HOUSE

### Oxford House Questionnaire

Data		
Full Name	DOC Number	
Age	DOC Facility	
Sex	DOC Address	
Preferred Release City or County	DOC Counselor, CCO or Contact	Phone

Questionnaire	
Are you an Alcoholic or an Addict?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Drug (s) of choice	
What is the background of your current crime? Please explain in detail use another sheet of paper if necessary	
Do you have any other legal issues Court dates.. Warrants	Yes <input type="checkbox"/> No <input type="checkbox"/>
If Yes Please Explain	
Have you ever been arrested for any sex crimes or arson?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If yes please explain.	
What is your plan for recovery?	
Do you have a sponsor?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If you currently do not have a sponsor will you get one?	Yes <input type="checkbox"/> No <input type="checkbox"/>
How many 12 step meetings do you attend per week	
How many 12 step meetings will you attend when released	
What step are you on now	
Have you identified your relapse triggers	Yes <input type="checkbox"/> No <input type="checkbox"/>
If yes what are they?	
Tell us what your behavior might be like when your headed towards a relapse	

How do you plan on paying your share of living expenses?		
<i>please note that your EES needs to be paid before you show up at the house</i>		
How do you feel about sharing a bedroom / group living		
How do you handle confrontation?		
Can you confront others in a constructive manner? How?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
How?		
Have you ever attended anger management	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Do you have an anger problem	Yes <input type="checkbox"/>	No <input type="checkbox"/>
if yes, please explain		
Are you involved in a relationship?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Do you have children?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
If yes, will they be visiting you on weekends or holidays?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Do you have any medical problems or mental disorders?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
if yes, please explain		
Do you take any medication	Yes <input type="checkbox"/>	No <input type="checkbox"/>
if yes please list medication and explanation of what it's for		
What do you feel you can contribute to Oxford House?		
What do you hope to achieve by living in an Oxford House		

Do you have any prejudices? Race / Sex / Religion? Yes  No

if yes please explain

Do you have any problems performing house chores? Yes  No

if yes please explain

Use this area to tell us anything you might think we should know about